

## **Solar Plexus Affirmation**

I, in this ever present moment of now, stand in my sovereignty as a fully embodied vessel of Divine light and unconditional love. My space is sacred and I claim my Divine birthright of spiritual authority and the fullness of my free will to deem it so. I am complete and whole unto myself and every step I take, word I speak and breath I breathe are infused with the full potential of my expression and being-ness as a living testimony of prayer and radiant purpose – in equal co-creation, non-competition and non-hierarchy with all parts of my self, every living being, Mother Earth and Great spirit – on all timelines, dimensions, galaxies, realities and universes.

I claim the fullness of my power and stand in truth. I radiate the most brilliant light from the immaculate Fire of my Soul and Solar Plexus, lit with passion, purpose and grace. I am a Star and refuse to dim my shine or hide my light. I Am Source, living my truest, aligned authenticity as I am and allow all parts of myself the fullness of their radiant expression and honor each part as a spark of Divine beauty.

I break all contracts, vows and agreements on all timelines, dimensions, galaxies, realities and universes with any fucking institution, system, karmic pattern, family crest, person, place, or thing that seeks to dominate, control or dampen my brilliant, authentic, Soul's Light. My Light will not be perverted, exploited or syphoned in any way. My energy is my own. My fucking destiny is my own and I resolve to act courageously and confidently towards my soul's divine desires, purposes and highest potentials fully in this moment Now.

I say Fuck No, system of domination and control. I take back all power I may have given via tacit consent fully Now. The divine fire of my inner sun burns and disintegrates all cords of attachment that harvest energy away from my ability to fully manifest my passion and purpose fully and completely now.

I fully fucking remove and disentangle myself from any familial karma or contract that undermines my ability to thrive in my purpose and authentic soul's destiny. I claim my divine destiny and highest potential Now and am free to confidently act with courage and tenacity and breathe passion into my life by choosing that which builds thriving joy and abundance on all levels.

I am balanced; I am whole. I transmute and transform all experiences into Divine fulfillment through the belly of my being and am nurtured and nourished by the strength and brilliance of my own inner Light more now than ever before.

I allow inspiration to fill me and trust my gut instinct and intuition to guide me into full embodiment of my personal power, will and decisiveness fully and completely now. And So It Is. I Am the Light, the Light I Am.